



# dnalife® Certification Course

Pre-recorded and online

Practitioner education is key to the incorporation of genetic testing into clinical practice. Since 2012 we have been offering the dnalife® Certification Course. Become part of our global practitioner network by attending our next online course.

**REGISTER TODAY** and become part of our global practitioner network.

[education.nordicvms.com](http://education.nordicvms.com)



## Modules Included:

- **Introduction to Genetics**
- **DNA Health:** Genetics of key biochemical processes governing health & disease (Lipid Metabolism, Methylation, Inflammation, Oxidative stress, Detoxification, Bone Health, Insulin Resistance, Food responsiveness, Vitamin Metabolism)
- **DNA Oestrogen:** Key biochemical processes governing Oestrogen Metabolism
- **DNA Diet:** Genetics of Weight Management
- **DNA Sport:** Genetics of Exercise Performance
- **DNA Mind:** Genetics and Mental Health
- **Medcheck:** Pharmacogenomics

£229  
with 6  
tests!

Multiple choice questions to be completed after each module.

A combination of guided self-study and recorded webinar sessions, the dnalife® Certification Course will help equip you with the necessary knowledge to translate DNA test results into practical nutritional and lifestyle solutions, essential for the responsible integration of DNA testing into healthcare practice.

You will be introduced to the concept of nutrigenetics and nutrigenomics, as well as pharmacogenomics, and how to apply the science in practice. The course provides important information around genes and underlying principles of our core DNA tests, increasing your understanding and confidence to use these tests.

The following tests are covered:



[education.nordicvms.com](http://education.nordicvms.com) · [events@nordicgroup.eu](mailto:events@nordicgroup.eu)

## Your Educators:



Sasha Mannion, MSc (Med)  
Human Genetics



Helen Gautschi, RD (SA)



Jessica Pieterse, RD (SA)

## When & What?:

- **Guided Self-Study (online platform):**

This will be available after registration has been completed.

- **Recorded webinar sessions:**

6 recorded sessions totalling +/- 9 hours.

- **6 DNA tests included in the course fee:**

dnahealth®, dnadiet®, dnasport®, dnaoestrogen®, dnamind®, medcheck™.

## Further Education:

Become part of our global practitioner network.



 dnahealth®



*"This dnahealth® test is really a great option to optimizing your health based on your genetics."*

Mark Hyman, MD

 dnamind



*"I find DNA testing is helpful to really personalize treatments in patients. dnalife® tests have only the clinically relevant SNPs that are actionable."*

Todd LePine, MD

 medcheck™



*"medcheck™ is a must-have tool for your patients. The information provided is critical for proper medication selection that is personalized to the unique needs of each patient."*

Sahar Swidan, PHARM.D, ABAHP,  
FAARFM, FACA

## HOW TO SIGN UP:

Course price includes 6 DNA tests, (approximately 18 hours of self-study, plus 6 recorded online webinar sessions totalling +/- 9 hours).

**WEBSITE:**

**education.nordicvms.com**

OR

**QR CODE:**



**education.nordicvms.com · events@nordicgroup.eu**